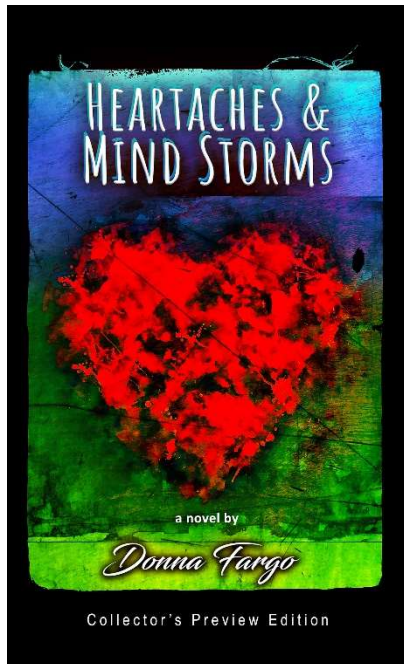




HEARTACHES & MIND STORMS

Extended Book Synopsis

A Novel by Grammy Award-Winning Singer-Songwriter Donna Fargo

Genre: Women's Fiction

Length: 256 pages

Format: Paperback

Standalone Novel

Life coach, Deidre Leigh navigates not only her clients' problems but her own tumultuous love life. Her husband's affair puts her on an emotional path that ultimately leads back to her one true love. Constantly wrestling with Scott's betrayal, she soon finds herself caught in her own struggle to maintain her virtue and morality when a married Bill Houston re-enters her life and professes his undying love. Her heart skips a beat when she hears his voice, but Deidre's mind will not let her move forward. She is reminded every day of her steadfast values when

counseling clients with a variety of problems including Elisa's cheating husband, Megan's weight gain, and Samuel's spiritual awakening. And despite giving others what she feels is good advice, she's still conflicted about relying on her own judgment to determine right and wrong.

Bill's constant chatter begins to wear her down as her love for him resurfaces, but just as she begins to think about taking a step down that forbidden road, Bill's wife, Jennifer, is diagnosed with cancer. Even though Deidre was thankful she and Bill had never rekindled their physical relationship, the guilt from their emotional "affair" kept eating at her. The thought of a life with him, even though remote, had gotten her through her divorce. Now again she was alone.

In the middle of the turmoil, Deidre also loses her father, who was a guiding force in her life. Despite it all, she keeps her faith and continues her mission to help others even though she wasn't quite sure how to help herself. In a twist of fate, after Jennifer received her life-threatening cancer diagnosis, she asks Bill for a divorce – she said life was too short and she had found someone else. He couldn't have been happier, although he no longer loved her, he did care for her and would have never left her alone to face the unknown. He had scruples; that was just one of the things that Deidre loved about him.

Even with Bill's newfound freedom, Deidre still had to overcome the heartaches and mind storms that kept bombarding her day and night. Did she cheat? Was she as dishonest as her husband? Why should she trust anyone? Could she ever love again? Finally, her heart answered those questions and truly opened up to love – real love with the man of her dreams – Bill Houston.

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